



The Navajo Nation
Office of the President and Vice President

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**Over three-day period, 18 new cases and no deaths related to
COVID-19 reported, 31 communities identified with uncontrolled spread**

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 18 new COVID-19 cases for the Navajo Nation and no recent deaths over a three-day period from September 17 - 19. The total number of deaths is 1,898. 596,234 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 73,536, including 17 delayed reported cases.

Based on cases from September 2 – 15, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 31 communities due to uncontrolled spread of COVID-19:

| | | | | |
|---------------|--------------|-------------|--------------|-----------------|
| Bread Springs | Ganado | Lukachukai | Red Lake | Sweetwater |
| Cameron | Houck | Manuelito | Rock Springs | Tachee/Blue Gap |
| Chichiltah | Indian Wells | Nahatadziil | Sheepsprings | Teecnospos |
| Chinle | Iyanbito | Nazlini | Shiprock | Tohatchi |
| Churchrock | Kayenta | Oak Springs | Shonto | Tuba City |
| Coyote Canyon | Low Mountain | Pinon | St. Michaels | Twin Lakes |
| Fort Defiance | | | | |

“We must be very cautious with the spread of COVID-19 and Monkeypox. Continue to follow and advise the three w’s to your relatives and friends, such as wear a fitted mask, wash your hands, and watch your distance from others. If you are feeling ill like symptoms, please get tested, and if you are feeling ill, please stay home and get necessary treatment. Together, we can prevent community outbreaks of COVID-19 and Monkeypox,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our thoughts are with those who are currently fighting COVID-19 and we pray for a quick and full recovery. Please continue to take precautions and push back on the virus together. Be safe and please say a prayer each day for our people, frontline workers, and communities,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

September 19, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 96 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates September 2 – 15, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

| | | | | |
|---------------|--------------|-------------|--------------|-----------------|
| Bread Springs | Ganado | Lukachukai | Red Lake | Sweetwater |
| Cameron | Houck | Manuelito | Rock Springs | Tachee/Blue Gap |
| Chichiltah | Indian Wells | Nahatadziil | Sheepsprings | Tecnospos |
| Chinle | Iyanbito | Nazlini | Shiprock | Tohatchi |
| Churchrock | Kayenta | Oak Springs | Shonto | Tuba City |
| Coyote Canyon | Low Mountain | Pinon | St. Michaels | Twin Lakes |
| Fort Defiance | | | | |

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

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| People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus | Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus |
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.

- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.